

Micro-Story Self-Assessment Worksheet

Module 2.1: Why Stories Win — Review & Elevation

Score your Level 1 micro-story against each of the four narrative persuasion mechanisms. Be honest — this is for your growth, not your grade. Any score below 3 is your growth edge for Level 2.

Mechanism	Score	Notes / What I noticed
Transportation Do I feel IN a scene? Can I close my eyes and be there?	___ / 5	
Identification Would my target listener see themselves in this character?	___ / 5	
Emotional Arousal What specific emotion does the story evoke? Does it drive action?	___ / 5	
Reduced Counter-Arguing Does the point ARRIVE through experience or get ANNOUNCED as argument?	___ / 5	

Rating Guide

- 1 — Absent — this mechanism is not operating in my story
- 2 — Weak — there are hints but no real effect
- 3 — Moderate — some moments work, but the effect is inconsistent
- 4 — Strong — this mechanism is clearly working for most of the story
- 5 — Powerful — this is a standout strength

My Level 2 Growth Goals

Based on your scores, write 2–3 specific goals. Connect each to a mechanism. Example: "I want to open with sensory detail that pulls the listener into a scene" (Transportation).

1.

2.

3.

Remember: Low scores aren't failure — they're clarity. You cannot improve what you cannot see. Every master was once a beginner who chose honest self-assessment over comfortable illusion.